

European Solidarity Corps Volunteering Project

5 March - 10 December 2024

Poussan, France





Description of the association

Catfarm Education is an association managing a community of young internationals living in an eco place, (catfarm.net) near the city of Poussan, (in Southern France). It is structured around an old farmhouse and follows ecology and degrowth economics principles and hosts people wishing to participate or to stay as passengers or as volunteers.





The association aims at empowering people to find the best versions of themselves, through community life, informal education, training, development of European solidarity projects, the organization of events and workshops. It provides the space for curious people to find new ways of creating positive outcomes with limited resources.



Profile of the volunteer

We are open to the participation of all types of persons, regardless of their origins, culture, education, language, sexual orientation and beliefs. In fact, Catfarm tends to work in an inclusive way and wants to give the opportunity to all motivated and interested persons in living in a community.

> We will need 6 volunteers for 4 different projects and circles. Volunteers can specialize and learn in these for the whole duration of the ESC :













Garden Circle

We wish to reforest our area and manifest in reality the Permaculture design and Agroforestry plan. (3 positions)













Building Circle

We experiment on natural buildings and showcase alternative ways of energy and resource consumption. (1 position)







Growth Circle

We create projects and events of the association in this circle. (Erasmus+ Youth exchanges, Associative café programmation, Social media, ...)

(1 position)











Balance Circle

We develop the idea of community and its health through facilitation, workshops, debates, and propositions for improvement.

(1 position)





All the volunteers in the community participate in the daily life of the community. Therefore, on top of the main project, each volunteer will be asked to participate in Life Circle as well. We would ask you to spend approximately three hours on community life (cooking, going to market, joining the meetings & and workshops, etc) and two hours on the project/circle that you are interested in.









Life Circle

We especially valorize food waste from different places and learn how to create sustainable products.





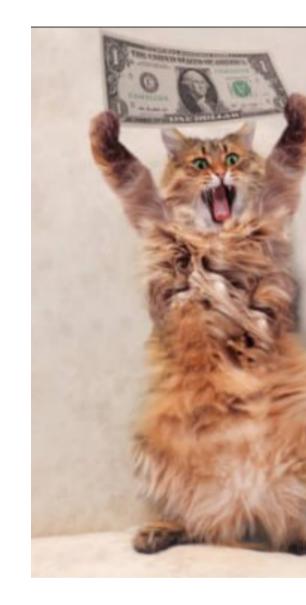
Accommodation

The accommodation is included in the complete experience of community life: the volunteer will then share a bedroom on the site of Catfarm with another European volunteer. Moreover, she or he will share the common spaces (bathroom, kitchen, etc) with the rest of the onsite community.





Arrival and departure transport costs to Catfarm will be covered up to the amount reimbursed by the EU Commission.



Pocket Money

Participants volunteering in activities will receive a 7€ per day for their personal expenses for nine months.



Food

Food costs are covered. The community cooks 3 vegan meals a day. You will be able nonetheless to cook your own food if wanted.



Our community is the perfect place to explore the south of France!







If you're eager to discover enchanting canals, and picturesque harbors, immerse yourself in a seaside ambiance, and bask in the sun on the beach, **Sète** is easily accessible by bus in 20 minutes. Dive into the maritime allure of this charming town and enjoy the perfect blend of coastal beauty and cultural richness. If you wish to wander around the historical streets, experience the lively atmosphere of the Old Town, and enjoy the charm of the Mediterranean, you can easily reach **Montpellier** by bus in 30 minutes. Immerse yourself in the cultural richness of museums and local markets, savor the flavors of Mediterranean cuisine, and let the lively student environment energize your explorations. Montpellier invites you to a perfect blend of history, culture, and coastal bliss, easily accessible by bus for a non-stop adventure.









In these nine months, you will have **18 free days** and **national holidays** beside weekends, providing ample opportunities for exploration and travel. It's the perfect opportunity to visit famous places like Toulouse, Lyon, Nice, Marseille and even Barcelona!



Each year, Catfarm warmly welcomes dedicated long-term ESC volunteers. In 2023, our ESC volunteers, Francesca and Frederike, shot and produced a video about intentional community and the changes it implies, in the frame of the European Solidarity Corps Program.

Don't miss out! Click on the link to experience the story: Intentional Community - an Invitation







JOIN US!

If you want to know more about the roles, please don't hesitate to contact us at <u>eliott@catfarm.net</u> Every person with the motivation will be welcome to learn and energize roles in the project! Share with us your talents and your doubts!

To submit your application, please complete the form <u>CatfarmESCV2024</u> and share more information about yourself.



